Food Pantry Wish List

These are the items we stock to share with our clients

- Soup
- Tuna
- Peanut butter and jelly
- Canned vegetables
- Canned dinners: Ravioli, chili, spaghetti o's
- Pork and beans
- Canned fruit
- Jello or pudding mixes
- 1lb bags or boxes of rice
- Boxed or canned potatoes
- Pasta and spaghetti sauce
- Cake mixes or cookie mix
- Corn bread mix
- Cookies
- Coffee, tea and hot cocoa
- Cereal, cold or hot
- Toilet paper, Paper Towels, Kleenex
- Bar hand soap
- Laundry detergent
- Baby Wipes and/or adult wipes
- Tooth paste, brushes and floss
- Cleaning supplies; Lysol, clorox wipes, dish soap, sponges
- Feminine products
- Margarine
- Cheese — Slices, shreded or chunks
- Meat — Whole chicken, chicken pieces, ground beef or turkey
- pork chops, fish
- Other perishables
- Eggs,milk, fresh fruit and vegetables
- Nice to have: dog and cat food

Please note:

No medical supplies or medicine

No large size cans or bags (gallon or 5 pound)

No open cans or bottles please!

No expired food

Questions: email Foodpantry@ourladyofmtcarmel.org